

Synopsis of the project titled "A study of emotional intelligence among employees of the STFA-HLG Joint Venture, Ibra" by Juhaina Said Nasser Al-Kaabi and Sheikha Khamis Mohammad Al Jaafari

Abstract:

Emotional intelligence (EI) is the ability to identify and manage our own emotions and the emotions of others. It consists of elements such as self-awareness, Self-Regulation, Self-motivation, Social awareness and Relationship management.

The research aims to study the levels of emotional intelligence among the employees of STFA-HLG Joint Venture, Ibra, Oman. The researchers followed quota sampling and the questionnaire was dosed to manager/ officer and staff categories and 5 indirect questions in each of the above-said five elements of EI were asked to seek the respondent' opinion.

These five elements were individually and collectively analyzed. Knowledge of strength and weaknesses and recognition of own emotions get 1st and 2nd top score out of the constituents of self-awareness of employees. Handling of pressure at work and handling change get 1st and 2nd top score out of self-regulation of employees. Optimism and learning enthusiasm get 1st and 2nd top score out of self-motivation of employees. Preferring relationship than emotions and sensing others' feeling get the 1st and 2nd top score out of Social skills of employees. Correct response to others' emotions and good persuasion skills get the 1st and 2nd top score out of the relationship management score of employees.

Self-Motivation, Self-Awareness, Relationship Management, Social Awareness & Social Skills and Self-Regulation got the 1st, 2nd, 3rd, 4th and last ranks respectively. The study concluded that the company employees have an overall weighted average score of EI as 2.7out of 3 and this means they have reasonably good level of EI.

A correlation coefficient of 0.73 between age group and self-awareness, an element of EI, is found in this study. As the age increases, the self-awareness increases from moderate to good extent. That means self-awareness is less low age group and better in high age group and moderate in medium age group.